

MONDAY- Chelsea Heights

	SUB-JUNIOR REC 7-9 Years	JUNIOR/ INTER REC 10-13 Years	ELITE	SENIOR TRP
4.00	ACROBATICS	JAZZ		
4.15				
4.30				
4.45	HIP-HOP	ACROBATICS		
5.00				
5.15				
5.30	MUSICAL THEATRE	MUSICAL THEATRE		TECHNIQUE/ BALLET
5.45				
6.00			JUNIOR/ SUB-JUNIOR INDUSTRY (Second Monday of every month)	LYRICAL
6.15		HIP-HOP		
6.30				
6.45		LYRICAL		
7.00			SENIOR/INTER INDUSTRY -Alternating- TSSC (Technique, Stretch, Strength & Conditioning)	SENIOR INDUSTRY -Alternating- TSSC (Technique, Stretch, Strength & Conditioning)
7.15				
7.30				
7.45				
8.00				HIP-HOP- Normal weeks
8.15				
8.30				HIP-HOP- Industry Week
8.45				

TUESDAY- Chelsea Heights

	MINIS 5-6 Years	JUNIOR 9-11 Years	INTER 11-13 Years	SENIOR/ SUB-SENIOR 13+ Years
4.00	MINI GROOVERS	10&U JAZZ	12&U BALLET	
4.15				
4.30				
4.45	MINI ACROBATICS	10&U BALLET	12&U JAZZ	
5.00				
5.15				TSSC (Technique, Stretch, Strength & Conditioning)
5.30				
5.45				
6.00			12&U TROUPE*	16&U BALLET
6.15				
6.30				
6.45				
7.00			PRE-POINTE TSSC (Technique, Stretch, Strength & Conditioning)	16&U JAZZ
7.15				
7.30				
7.45				
8.00				16&U TROUPE*
8.15				
8.30				
8.45				

WEDNESDAY- Chelsea Heights

	SUB-JUNIOR 7-9 Years	JUNIOR 9-11 Years	JUNIOR REC 9-11 Years	INTERS 11-13 Years	SUB-SENIORS 13+ Years	TEEN REC 10+
4.00	TSSC (Technique, Stretch, Strength & Conditioning)	10&U TROUPE*	TSSC (Technique, Stretch, Strength & Conditioning)	LYRICAL		
4.15						
4.30						
4.45	TAP	TAP	ACROBATICS	ACROBATICS	LYRICAL	
5.00						
5.15						
5.30	ACROBATICS	ACROBATICS	HIP-HOP	TAP	TAP	HIP-HOP
5.45						
6.00						
6.15	HIP-HOP	MUSICAL THEATRE	MUSICAL THEATRE	MUSICAL THEATRE	ACROBATICS	ACROBATICS
6.30						
6.45						
7.00		HIP-HOP	JAZZ	HIP-HOP	MUSICAL THEATRE	MUSICAL THEATRE
7.15						
7.30						
7.45					HIP-HOP	JAZZ OR LYRICAL (Subject to interest)
8.00						
8.15						
8.30						
8.45						

THURSDAY- Chelsea Heights

	MINI 5-7 Years	SUB-JUNIOR 7-9 Years	SUB-JUNIOR 7-9 Years	SUB/ JUNIOR REC 7-10 Years	SUB-SENIOR/ SENIOR 13+
4.00	COMBO (Jazz, Ballet & Tap)	JAZZ	JAZZ & BALLET	ACROBATICS	
4.15					
4.30					
4.45		BALLET		HIP-HOP	
5.00					
5.15					
5.30	TROUPE*	TAP	MUSICAL THEATRE	MUSICAL THEATRE	ACROBATICS
5.45	(*Starting March)				
6.00		ACROBATICS	8&U TROUPE*	ACROBATICS	
6.15					
6.30					BROADWAY JAZZ / MUSICAL THEATRE
6.45					
7.00					LYRICAL/ COMTEMP.
7.15					
7.30					
7.45					
8.00					HIP-HOP
8.15					
8.30					
8.45					
9.00					

SATURDAY- CHELSEA HEIGHTS

	PRE- SCHOOL	MINI REC 4-6	MINI TRP 5-7	SUB-JUNIOR 7-9	JUNIOR REC 9-11	TWEEN TRP (JUN/INT)	INTER TRP 12+	SUB-SENIOR 13+
9.30	COMBO (Ballet, Jazz, Tap & Acro)	ACROBATICS						
9.45								
10.00		COMBO (Ballet, Jazz, Tap)	COMBO (Ballet, Jazz, Tap) inc. troupe work*	BALLET (Test 3-Bronze Star)				
10.15								
10.30								
10.45				HIP-HOP	JAZZ			
11.00								
11.15				TAP				
11.30					Break		BALLET (Gold Star)	
11.45				JAZZ	TAP			
12.00								
12.15				ACROBATICS	ACROBATICS	ACROBATICS	POINTE Lvl 1 & PRE-POINTE	ELITE EXTENSION
12.30								
12.45				ELITE EXTENSION	HIP-HOP	ELITE EXTENSION	ELITE EXTENSION	POINTE (Lvl 2 & 3)
1.00							ACROBATICS	
1.15								
1.30								
1.45						BALLET (Silver / Gold)	ELITE EXTENSION	
2.00								
2.15								
2.30						ELITE EXTENSION		
2.45								
3.00								

MONDAY- Bentlygh

	TINIES (4-6 Years)	SUBBIES (7-9 Years)	JUNIOR/ INTER "TWEEN"	INTER/ SUB-SENIOR
4.15	COMBO (Ballet, Jazz & Acro)			
4.30		HIP-HOP		
4.45			HIP-HOP	
5.00		BALLET		
5.15			TAP	TAP
5.30				
5.45		JAZZ	BALLET	LYRICAL/ CONTEMPORARY
6.00				
6.15				
6.30		TROUPE*	JAZZ	JAZZ
6.45				BALLET (Elementary)
7.00				
7.15			TROUPE*	
7.30				
7.45				HIP-HOP
8.00				
8.15				
8.30				

MONDAY- INDUSTRY WEEK- Benthleigh

(Last Monday of the month)

	TINIES <i>(4-6 Years)</i>	SUBBIES <i>(7-9 Years)</i>	JUNIOR/ INTER "TWEEN"	INTER/SUB-SENIOR
4.15	COMBO (Ballet, Jazz & Acro)			
4.30		HIP-HOP		
4.45			HIP-HOP	
5.00		BALLET		
5.15			TAP	HIP-HOP
5.30		JAZZ		
5.45			BALLET	LYRICAL
6.00				
6.15		JUNIOR INDUSTRY <i>Guest teachers from the dance industry</i>	JUNIOR INDUSTRY <i>Guest teachers from the dance industry</i>	
6.30				JAZZ
6.45				
7.00				SENIOR INDUSTRY <i>Guest teachers from the dance industry</i>
7.15			TROUPE	
7.30				
7.45				
8.00				
8.15				
8.30				

THURSDAY- Benthleigh

	PRE-SCHOOL <i>(3-5 Years)</i>	MINIS <i>(5-7 Years)</i>	SUBBIES <i>(7-9 Years)</i>	JUNIOR/ INTER "TWEEN"	INTER/SUB-SENIOR
4.00	COMBO (Ballet, Jazz & Acro)				
4.15		COMBO (Ballet, Jazz, Tap & Acro)			
4.30			ACROBATICS		
4.45					
5.00				PRE-POINTE	
5.15			BALLET & LYRICAL	TSSC (Technique, Stretch, Strength & Conditioning)	TSSC (Technique, Stretch, Strength & Conditioning)
5.30					
5.45			JAZZ	BALLET	COMMERICAL
6.00					
6.15					
6.30			TAP		
6.45				LYRICAL	LYRICAL/ BALLET
7.00					
7.15				ACROBATICS	ACROBATICS
7.30					
7.45					
8.00					

**Students must attend a minimum number of hours and meet all criteria to be eligible for performance troupes and elite classes.*