



# CPD TIMETABLE 2024

## Chelsea Heights

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY	
<b>PRE-SCHOOL</b> <i>(2-5 turning 6)</i>					9.00: Toddler 9.30 9.15: Preschool Combo (Ballet, Jazz, Tap) 10.00: Acrobatics 10.30	
<b>MINI</b> <i>(5-6 turning 7)</i>		4.00: Mini Combo (Ballet, Jazz, Tap) OR 4.00: Acrobatics 4.45: Mini Groovers 5.15	4.00: Mini Combo (Ballet, Jazz, Tap) OR 4.00: Acrobatics 4.45: Mini Groovers 5.15:		9.30: Acrobatics 10.00: Mini Combo (Ballet, Jazz, Tap) 11.15:	
<b>SUB-JUNIOR</b> <i>(7-8 turning 9)</i>	4.00: Acrobatics 4.45: Hip-Hop 5.30: Musical Theatre 6.00	4.00: Sub-Junior Combo (Ballet, Jazz, Tap) 5.45		4.00: Acrobatics 4.45: Hip-Hop 5.30: Broadway (Musical Theatre & Jazz Combo)	9.30: Sub-Junior Combo (Ballet, Jazz, Tap) 11.15: Acrobatics 11.45: Hip-Hop 12.15	
<b>JUNIOR 9</b> <i>(8-9 turning 10)</i>	4.00: Acrobatics 4.45: Hip-Hop 5.30: Musical Theatre 6.00	<b>Junior Troupe</b> 4.00: Acrobatics 4.45: Ballet 5.30: Hip-Hop 6.15: Musical Theatre 7.00	<b>Junior/ Inter Rec</b> 4.45: Acrobatics 1 & 2 5.30: Musical Theatre 6.15: Hip-Hop 7.00		<b>Junior Rec</b> 10.30: Tap 11.00: Jazz 11.45: Ballet 12.30: Acrobatics 1.15: Hip-Hop 1.45	<b>Junior Elite</b> 11.45: Ballet (Bronze Star Silver Medal) 12.30: Acrobatics 12.30: Ballet (Silver Star) 1.30: Elite Extension 3.00: Ballet (Gold Medal) 3.00: Acrobatics 4.00: Pre-Pointe/ Pointe/ Ballet Extension 4.30
<b>JUNIOR 10</b> <i>(10 turning 11)</i>				<b>Junior Troupe</b> 4.00: Hip-Hop 4.45: Acrobatics 1 & 2 5.30: Musical Theatre 6.15: Ballet 7.00		
<b>INTER</b> <i>(11-13 turning 14)</i>	4.45: Acrobatics 2 5.30: Lyrical 6.15: Jazz 7.00: Hip-Hop 7.45: Musical Theatre 8.30	<b>Inter Troupe</b> 5.30: Ballet 6.30: Lyrical 7.30: Jazz 8.30: Troupe 9.00		<b>Inter Troupe</b> 4.45: Acrobatics 1 & 2 4.45: Tap 5.30: Musical Theatre 6.15: Hip-Hop 7.00: Troupe 7.45: Acrobatics 2 & 3 8.30	<b>Inter Elite</b> 12.30: Ballet (Silver Star) 1.30: Elite Extension 3.00: Ballet (Gold Medal) 3.00: Acrobatics 4.00: Pre-Pointe/ Pointe/ Ballet Extension 4.30	
<b>SUB-SENIOR</b> <i>(12 years+)</i>		5.45: Tap 6.30: Ballet 7.30: Jazz 8.30: Troupe 9.00		5.30: Acrobatics 2 & 3 6.15: Stretch & Strengthen 6.45: Musical Theatre 7.30: Lyrical 8.15: Hip-Hop 9.00		
<b>SENIOR</b> <i>(14 years +)</i>	6.15: Acrobatics 3 7.00: Senior Elite 9.00	5.45: Tap 6.30: Ballet 7.30: Jazz 8.30: Troupe 9.00		5.30: Acrobatics 2 & 3 6.15: Stretch & Strengthen 6.45: Musical Theatre 7.30: Lyrical 8.15: Hip-Hop 9.00		

# CPD TIMETABLE 2024



## Bentleigh

	MONDAY	WEDNESDAY	THURSDAY
<b>PRESCHOOL</b>			4.00: Preschool Combo (Ballet, Jazz, Tap) 4.45
<b>MINI</b> (Test 1)		4.15: Mini Combo (Ballet, Jazz, Tap) 5.15: Acrobatics 5.30	
<b>MINI/ SUB-JUNIOR</b> (Test 2 & 3)	4.30: Acrobatics 5.00: Mini Combo (Ballet, Jazz, Tap) 6.00: Mini Troupe 6.15		4.15: Acrobatics 4.30: Ballet & Jazz Combo 5.30: Tap 5.30: Stretch & Strengthen 5.45: Mini Troupe 6.15
<b>SUB-JUNIOR</b> (Bronze+)	4.30: Ballet 5.15: Musical Theatre 5.45: Jazz 6.15: Acrobatics 7.00		4.15: Tap 4.45: Hip-Hop 5.15: Jazz Technique 6.00: Ballet 6.45
<b>BOYS</b>			4.45: Sub-Junior Boys Hip-Hop & Break 5.30: Junior Boys Hip-Hop & Break
<b>JUNIOR</b> (Rec)	4.30: Ballet 5.15: Musical Theatre 5.45: Jazz 6.15: Acrobatics 7.00		4.30: Tap 5.00: Stretch & Strengthen 5.30: Hip-Hop 6.15: Contemporary 6.15: Ballet 6.45: Jazz 7.15
<b>JUNIOR/ INTER</b> (Elite)	5.00: Lyrical 5.45: Tap 6.15: Ballet 7.00: Musical Theatre 7.45		4.30: Jazz Technique 5.00: Stretch & Strengthen 5.30: Hip-Hop 6.15: Contemporary 6.45: Ballet 7.30

## Chelsea Heights

SATURDAY (Chelsea Heights)
9.00: Toddler* 9.30 9.15: Preschool Combo* (Ballet, Jazz, Tap) 10.00: Acrobatics* 10.30
9.30: Acrobatics* 10.00: Mini Combo* (Ballet, Jazz, Tap) 11.15:
9.30: Sub-Junior Combo* (Ballet, Jazz, Tap) 11.15: Acrobatics* 11.45: Hip-Hop* 12.15
9.30: Sub-Junior Combo* (Ballet, Jazz, Tap) 11.15: Acrobatics* 11.45: Hip-Hop* 12.15
10.30: Tap* 11.00: Jazz* 11.45: Ballet* 12.30: Acrobatics* 1.15: Hip-Hop* 1.45
11.45: Ballet* (Bronze Star/ Silver Medal) 12.30: Acrobatics* 12.30: Ballet* (Silver Star) 1.30: Elite Extension* 3.00: Ballet* (Gold Medal) 3.00: Acrobatics* 4.00: Pre-Pointe/ Pointe/ Ballet Extension* 4.30

General/ Recreational Classes

Performance Troupe Classes

Elite Extension Classes

- All Saturday classes are held at our Chelsea Heights Studio: 9A/93 Wells Rd, Chelsea Heights
- Classes resume Monday 5<sup>th</sup> February 2024
- Age is taken from 1<sup>st</sup> January 2024
- CPDancers reserves to right to change, edit, alter, cancel or combine classes if required.
- This year we will be running some acro classes based on skill level rather than age group. Students will be advised of their level during term 1.
- Can't see what you're looking for? Get in touch, we may be able to accommodate your requests